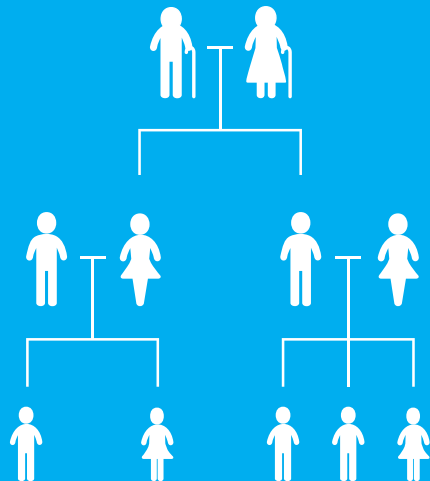


Which information is required for genetic counselling?

If you would like to have a genetic consultation, please do not hesitate to contact us to arrange an appointment. For the consultation appointment we would require the following information/ documents:

- Medical insurance card and referral (only for patients on the statutory medical insurance) for all persons seeking advice
- Information on diseases in your family (name of the disease, age of onset, medical documentation)
- If available, test results of previously performed genetic tests
- Maternity pass (pregnant woman)
- Yellow examination booklet (children)



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Medical Centre for Human Genetics

Priv.-Doz. Dr. med. Carmela Beger · Anna Molins Polo

Specialists in Human Genetics

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Genetic Counselling

Information for patients and relatives





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Dear advice seeker/s

In recent years, knowledge of many diseases with hereditary causes has grown steadily. For a vast variety of diseases, we already know the underlying genetic alterations.

Genetic counselling should help you answer the questions related to a potentially hereditary disease or developmental disorder that you, your children or your relatives may have or fear.

In a genetic counselling session, your personal questions will be discussed in great detail. It will include the collection of your personal history and a detailed family history.

If necessary a clinical genetic examination and, as far as it is helpful and you agree, further genetic diagnostics will be carried out.

Once all the necessary information is available a clinical genetic diagnosis can be made and the assessment of the genetic risks can be discussed with you. For this purpose, we will try to explain the facts in an easy to understand language. We will discuss in detail with you the importance of this information for your own health as well as for your future family planning.

The costs of genetic counselling are covered by the health insurances. Human genetic services are not charged to the budget of your referring physician.

Reasons for genetic counselling

- There is a confirmed or suspected hereditary disease in your family
- Specific cancer types have been diagnosed in several close relatives of your family
- The same disease occurs frequently in your family or in your partner's family
- You or your partner or a relative already have a child with a physical problem or developmental disorder
- You or your partner have an illness that you might be able to pass on to your children
- You have experienced multiple miscarriages
- So far, your wish to have children has not been fulfilled
- You want to have children but there is a blood relation between you and your partner
- You are pregnant and ...
 - ... want to be informed about prenatal test methods
 - ... an examination result shows abnormalities
 - ... you took medication or x-ray examinations were performed

